

October Pool Schedule

Sunday	Monday	Tues	Wed	Thurs	Friday	Sat
8am-9am	6am-9:00am	Closed	6am-9am	6am-9am		7am-8am
Water aero- bics (2 Lanes)	Lap Swim		Lap Swim	Open Swim		Open Swim
	(6Lanes)				6am-6pm	
Open Swim	9am-9:45am		9-9:45am	9-9:45am	Open Swim	9am-
(3Lanes)	Aquacise		Aqua Splash	Aquacise		9:45am
	(4 Lanes)		(2-3 Lanes)	(2-3 Lanes)		Aquacise
			10am-11am			(2 Lanes)
			Avenel Learning			
			Center (2 Lanes)			
9-10:30	Open Swim	Closed	Open Swim	Open Swim	-	10:30-
Masters Swim	9:45am-12pm		9:45am-11am*	9:45am-12pm		12pm
(5 Lanes)			(4 Lanes)			Lessons
Open Swim						(3Lanes)
(1 Lane)	Closed		Closed	Closed		Open Swim
10:30-11:30	12pm-3pm		11am-3pm*	12pm-3pm		(3 Lanes)
Masters Swim (2 Lanes)						
						12-1pm
						Open swim
						(5 Lanes)
11:30am-	3pm -4:30pm	3pm-6pm	3pm-6pm*	3pm-6pm	-	1pm-
1 1:50aiii- 1pm	Open Swim	Open Swim	Open Swim	Open Swim		3:30pm
Open Swim	4:30pm-6pm	open swiiii	open swiiii	open swiiii		Open Swim
1pm-2pm	Lessons					
Swim Team	Lessons					
(3 Lanes)					Water Warri-	
	Water Warriors	Water Warriors	Water Warriors	Water Warriors	ors	
	6-7 (3-4 Lanes)	6-7 (3-4 Lanes)	6-7(3-4 Lanes)	7-8:30	6-7 (3-4 Lanes)	
	7-8:30	7-8:30	7-8:30	(5 Lanes)	7-8:30	
	(5 Lanes)	(5 Lanes)	(5 Lanes)		(5 Lanes	

POOL RULES

- Lanes can be used for Private Lessons at any time.
- All lane numbers listed, are the lanes being used at the time.
- During Group Swim Lessons, unless you have permission to swim in a lane, NO-BODY is allowed to swim in lanes where lessons are taking place.
- ANY child 11 years and under must have Adult Supervision at all times.
- ANY child 6 years and under must have a Parent/Guardian in the water at all times.
- ANY child 15 years or younger is required to take a swim test.

If you have any questions, please reach out to Brandon Wizda.

South Amboy YMCA: 200 John T O'leary Blvd. South Amboy, NJ 08879 732-553-9622

Brandon.wizda@ymcaofmewsa.org